



# World Champion Taekwondo

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## Class Schedule

Effective Monday, March 6<sup>th</sup> 2022

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Little Tigers (5 &amp; Under)</b>		4:00 – 4:45		4:00 – 4:45		9:30 – 10:25
<b>White/ Yellow</b>	4:30 – 5:25 <i>(Group 1)</i>	5:00 – 5:55 <i>(Group 2)</i>	4:30 – 5:25 <i>(Group 1)</i>	5:00 – 5:55 <i>(Group 2)</i>	4:30 – 5:25 <i>(Group 1)</i>	10:30 – 11:25
<b>Orange/ Green/ Purple</b>	5:30 – 6:25		5:30 – 6:25		<b>Sparring ** Group 1</b>  Under 12 y/o	10:30 – 11:25
<b>Blue/ High Blue/ Red</b>		6:00 – 6:55		6:00 – 6:55		5:30 – 6:25
<b>All Brown</b>		6:00 – 6:55		6:00 – 6:55	<b>Sparring ** Group 2</b>  12 y/o & up	11:30 – 12:25
<b>Deputy</b>	6:30 – 7:25		6:30 – 7:25			11:30 – 12:25
<b>Black Belts</b>	6:30 – 7:25		6:30 – 7:25			11:30 – 12:25
<b>Family * (All ages &amp; Belt)</b>		7:00 – 8:00		7:00 – 8:00		11:30-12:25
<b>All Adults</b>	7:30 – 8:30		7:30 – 8:30		7:30 – 8:30	12:30 – 1:30 Open Mat

\*\* Must have full and complete gear to attend Sparring Class

\*\* Your Sparring group is subject to change as see fit by Instructors